



OFFICIAL FELLOWSHIP HANDOUT

The Twelve Steps of Fentanyl Anonymous™

A spiritual path of honesty, connection, accountability, growth, and service.

Effective Date: August 4, 2026 | Approved By: Fentanyl Anonymous™

- 1.** We faced the reality that addiction was controlling our choices and accepted our need for connection, guidance, and support.
- 2.** We opened ourselves to hope and to a spiritual source of strength that could lead us into a new way of living.
- 3.** We chose to follow that spiritual guidance and let recovery shape the decisions we make each day.
- 4.** We looked honestly at the experiences, wounds, choices, patterns, strengths, and harms that shaped our lives.
- 5.** We ended the secrecy by bringing our full truth into spiritual reflection, honest self-acceptance, and a trusted conversation with another human being.
- 6.** We prepared ourselves to let go of destructive behaviors and develop healthier ways of thinking, responding, and living.
- 7.** We invited spiritual guidance into the ongoing work of becoming more honest, responsible, and whole.
- 8.** We acknowledged the people affected by our actions and prepared to repair the damage we caused.
- 9.** We took responsible steps to repair that damage whenever it could be done safely, without creating new harm for anyone—including ourselves.
- 10.** We made honest self-review part of daily life, owning our mistakes and correcting them as soon as we could.
- 11.** We created regular space for stillness, spiritual reflection, and listening so that guidance could become purposeful action.
- 12.** We lived our recovery through service, shared hope with those still struggling, and brought the spirit of FA into our relationships, choices, and communities.

Heal. Grow. Empower. • Against All Odds.